

Cynthia Rinker, MFT
MFC 37,017

Education and Qualifications:

Licensed Marriage and Family Therapist, MFC 37,017 (issue date June 3, 2000)

Master's of Clinical Psychology

Antioch University of Santa Barbara, CA, 1995

Bachelor of Arts in Psychology

University of California, Davis, 1992

(Lower division work completed at the University of Arkansas, Fayetteville)

Work Experience:

Marriage and Family Therapist, Private Practice and Forensic Clinician

San Francisco Forensic Institute, San Francisco, CA Duration: 11/09-present

Offices in Oakland and San Francisco

Duties:

Individual and group therapy sessions specializing in sexual offender assessment and treatment

Individual therapy sessions for general therapeutic need

Program Manager, Family Reunification, Family Preservation, Services to Enhance Early Development (SEED) and Parent Engagement (5/05-12/09)

Alameda County Social Services Agency, Oakland, CA Duration: 5/05-12/10

Duties:

Plan, coordinate and direct the operation of social service programs consisting of multiple units.

Monitor and ensure conformance to policies and procedures established by higher level management,

Federal and State law and County ordinances;

Recommends and plans for program policies and procedures and develops the methods necessary for achieving program objectives;

Makes budget recommendations and monitors expenditures;

Makes recommendations of staff allocations needed to accomplish goals and objectives; evaluates quality and results of services provided;

Coordinates program activities with other service providers both in and out of the County service.

Reviews and approves actions or decides upon course of action in the most sensitive case problems that could not be solved at a lower level;

Interprets laws and regulations for staff, clients, public and outside organizations;

Addresses community groups and conducts training sessions as required;

Confers with subordinate supervisors on organizational problems such as caseload distribution, personnel problems, and technical problems related to program activities.

Participates in the selection, assignment, training and evaluation of subordinate personnel;

Approves recommendations of subordinate supervisors or initiates disciplinary actions and resolves grievances when appropriate;

Participates with and informs labor organizations regarding problem resolutions, new programs and procedures and operational issues;

Confers with superiors on personnel problems and policy matters and may substitute for the Division Director in his/her absence.

Participates in agency strategic planning helping to determine the scope and nature of social services;

Represents the Agency at meetings, conferences and public hearings and with County, State and Federal officials;

Plans, attends and holds regular staff meetings, conferences and staff development;

Mailing address: 6114 LaSalle Ave., PMB 516 Oakland, CA 94611 510-316-8140
870 Market Street, Suite 1107 San Francisco, CA 94102 415-391-7171

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Child Welfare Supervisor, Family Reunification and Permanent Youth Connections, Kinship Unit

Alameda County Social Services Agency, Hayward and Oakland, CA *Duration: 6/01-5/05*

Duties:

- Supervise casework methods and techniques particularly related to child abuse and neglect .
- Monitor compliance and timely completion of court reports, relative approvals, and CWS/CMS full utilization.
- Provide clinic supervision in relation to return of children to parents, changes of placement, new child abuse allegations, and services needed to stabilize children and families.
- Provide supervision in relation to Agency and Juvenile Court policies and procedures.
- Assess and Evaluate staff in my unit, provide coaching and development, and identify training needs.
- Assign and transfer cases between sections based on transfer guidelines.
- Participate in program planning and other work groups to improve service delivery and develop new procedures to initiate new programs and initiatives.
- Other duties depending on the individual needs of clients, child welfare workers, agency, or Courts.

Child Welfare Worker II, Dependency Investigations, Duration: 1/98-6/01

Child Welfare Worker II (in-training), Duration: 11/97-1/98

Alameda County Social Services Agency, Oakland, CA

Duties:

- Investigate and interview clients and collateral persons to determine type and extent of child abuse brought to the attention of Children's Protective Services.
- File petitions, write detention reports, jurisdictional reports, and other Court related documents on behalf of clients.
- Help clients by creating Case Plan Objectives and referring the clients to appropriate services depending on their individual strengths and needs.
- Intervene in crises involving biological families and foster families as they arise.
- Attempt to develop concurrent plans for children by placing them with family members willing and able to provide long term care for them, including adoption.
- Other duties depending on the individual needs of clients, agency, or Courts.

Assistant Program Director, Duration: 9/96 to 9/97

Counselor and MFCC Intern, Duration: 7/95 to 9/96 full-time

Sanctuary Psychiatric Centers, Santa Barbara, CA 3/94 to 6/95 part-time

Administrative Duties:

- Consult and advise Program Director on all aspects of facility management.
- Perform the duties of Program Director in his/her absence or in emergencies.
- Help screen, hire, and train clinical staff.
- Assist in evaluating clinical staff.
- Schedule staff shifts and vacations on a monthly basis.
- Supervise and organize undergraduate volunteers.
- Develop and maintain procedures for monitoring content of logs and charts.
- Review charts on the computer.
- Provide training and assistance with staffs' computer questions.
- Organize and facilitate weekly staff and monthly community meetings.
- Assist in meeting standards for several licensing and accrediting agencies.
- Maintain a client caseload and perform all of the regular functions of a counselor when census exceeds 10. (see clinical duties)
- Oversee facility maintenance.

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Clinical Duties:

Direct supervision of seriously mentally ill adults in a residential treatment facility.
Treatment planning, implementation of treatment plans, and crisis intervention.
Interface with treatment team and outside professionals to maximize client's treatment.
Presentation of cases in weekly staff meetings.
Assist and instruct clients on independent living skills, socialization, and rehabilitation.
Supervision of medication compliance.
Daily, weekly, and monthly charting on clients' activities and behavior.
Periodic detailed evaluations in conjunction with clinical consultants.
Discharge planning.

MFCC Intern, Duration: 6/95 to 8/96 (6-8 hours per week)

Shelter Services for Women, Santa Barbara, CA

Counseled women and their children impacted by domestic violence.
Documented sessions.
Facilitated Group Therapy with children ages 8 to 12 years old.
Reported to Child Protective Services as needed.
Facilitated family sessions as needed.
Completed the 40 hour Domestic Violence Advocate Training

MFCC Trainee, Duration: 2/95 to 7/95 (6 hours per week)

Girls, Inc., Santa Barbara, CA

Individual counseling sessions, including documentation, with girls 5 to 12 years of age.
Reported to Child Protective Services as needed.
Facilitated family sessions as needed.

Child Care Worker, Duration: 6/92 to 6/93 Fulltime

Progress Ranch, Inc., Davis, CA

Directly supervised emotionally disturbed boys, 6 to 10 years old, in a residential group home.
Crisis intervention.
Creation and implementation of treatment program.
Documentation of children's activities and behavior daily.
Completed quarterly reports for county agencies.
Participated in weekly staff meetings and ongoing training sessions.
Organized household maintenance and menu development.

Co-facilitator for Eagle Group, (10/92 to 6/93)

Progress Ranch, Inc., Davis, CA

Co-Facilitated a child abuse survivor's group for young boys, 6 to 8 years old.
Prepared activities with the goal of facilitating the children's ability to tell their abuse stories and express their feelings associated with their abuse.
Participated in role plays and limit setting.
Assisted with creating a group structure that was more effective for younger boys.
Participated in ongoing training and organizing sessions.

References:

- Charles A. Flinton, PH.D. San Francisco Forensic Institute, 415-391-7171
- Erika Shore, LCSW, 510-847-5108
- Barry Schoer, Executive Director, Sanctuary Psychiatric Centers, (805) 569-2785

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