

CURRICULUM VITAE

**Wendy Herrera**

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**Education**

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**The Chicago School of Professional Psychology** Los Angeles, CA  
**Doctorate of Psychology (PsyD.), Clinical Forensic Psychology:** 8/11- 7/2015

**California State University, Long Beach** Long Beach, CA  
**Bachelors of Arts, Psychology:** 8/07 – 5/11

**Skills**

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**Other Languages:** Native Spanish Speaker (i.e. read, write, and translate).

**Specialties:** Clinical experience with diverse forensic and non-forensic populations (e.g. children, adolescents, families, adults, and intellectually/developmentally delayed adults).

**Field Experience**

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**San Francisco Forensic Institute** San Francisco, CA  
*Psychological Assistant (#PSB94022171)* 08/14- Present  
*Juvenile Program Coordinator*

- Coordinate program curriculum for juvenile programs (e.g juvenile theft program and juvenile sex offender program).
- Manage incoming referrals and intakes
- Orient new incoming clinicians working for the juvenile programs.
- Administer intake evaluations (i.e. personality testing, risk assessment, sexual interest assessment, and intellectual assessment) for both English and Spanish speaking clients.
- Organize and participate in weekly case consultations with team of clinicians.
- Assessment report writing and provide assessment results consultation.
- Provide individual, group, and family psychotherapy for clients dealing with sex offender risk factors, theft behavior, and drug/alcohol use.
- Develop appropriate treatment plans tailored to the client's risk level and treatment responsiveness.
- Consistent consultation with probation officers/legal representatives, and polygraphists about client progress.
- Write monthly progress reports for supervising agencies.
- Quarterly reassessment of dynamic risk factors to re-offend for treating clients.
- Translate program curriculum material from English to Spanish.

**Bienvenidos Mental Health Services - Children Center**

*Psy.D, Trainee for 2<sup>nd</sup> year Practicum*

Montebello, CA

09/13- 7/14

- Administered thorough DMH intake interviews with both the client and the client's parents.
- Provided individual and group psychotherapy for clients and their families (*Caseload of 4 clients*).
- Developed appropriate DMH therapeutic treatment goals.
- Clinically diagnosed clients using DSM IV-R (currently transitioning to DSM V) and DC: 0-3R.
- Provided therapy in Spanish.
- Administered and interpreted psychological assessments and completed report write-ups for children ages' birth to 18.
- Provided advocacy, support, and continuity of care for clients using psychological assessment recommendations.
- Provided multicultural psychotherapeutic services using a multidisciplinary community mental health approach.

**Camino Nuevo Charter Academy High School**

*Psy.D, Trainee for 1<sup>st</sup> year Practicum*

Los Angeles, CA

09/12-6/13

- Administered intake interviews with adolescents and their parents.
- Provided individual psychotherapy for adolescents.
- Provided substance abuse prevention group psychotherapy for at risk youth.
- Developed appropriate therapeutic treatment plans.
- Assisted with crisis interventions when needed.
- Attended monthly trainings: suicide risk assessment, child abuse reporting and grief therapy.
- Attended both individual and group supervision to discuss client cases.

**Vital Intervention And Directional Alternatives (VIDA)**

*Volunteer Parenting Class Instructor*

Los Angeles, CA

02/12-06/12

- Conducted psycho-educational parenting classes in Spanish.
- Collaborated with the Los Angeles Sheriff's Department in developing case specific interventions.
- Educated parents in different forensic topics pertaining to gang activity and drug use.
- Attended ongoing trainings discussing parenting methods.
- Created culturally sensitive course outlines.
- Consulted with other professionals about family intervention plans.

**Metropolitan State Hospital**

*Volunteer at penal code facility*

Norwalk, CA

10/09-9/10

- Participated in conducting the following under supervision:
  - Court competency workshops.
  - Substance recovery workshops.
  - Medical wellness workshops.
  - Mental health awareness workshops.
  - Recreational activities with inmates (e.g. music, art, and physical fitness activities)

**Los Padrinos Juvenile Hall**

Downey, CA

*Volunteer Mentor*

8/10-8/11

- Mentored adolescents detained in the security-housing unit.
- Conducted workshops about stress management, anger management, relaxation, and social skills (e.g. problem solving, interviewing skills, search for housing, childcare, and academic advising).

**Work Experience**

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**The Chicago School of Professional Psychology**

Los Angeles, CA

*Graduate Teaching and Faculty Assistant*

08/13-8/14

- Assisted core faculty in Clinical Forensic Department, Clive Kennedy, PhD.
- Assisted with grading weekly posts and written papers for instructor.
- Answered student questions and distribute class material.
- Updated grade book on a weekly basis and contact students at risk for failing the course.
- Collaborated in creating master syllabi for courses in the forensic department.

**Southern California Alcohol and Drug Programs Inc. (SCADP)**

Bell Gardens, CA

**Youth and Family Services Department**

05/12-10/13

*Clinician*

- Administered intake interviews with the client using the global assessment of individual needs (GAIN-I).
- Provided outpatient individual and family counseling for high-risk youth with substance abuse and related problems (i.e. gang involvement, teen pregnancy/parenthood, criminal behavior, academic problems and emotional/mental health issues).
- Provided clients with substance abuse education and peer/family group support.
- Maintained contact with client probation officers by providing client progress reports.
- Developed appropriate treatment plans.
- Provide therapy in Spanish.
- Administered and interpreted urine drug tests.

**Educational Opportunity Program**

Long Beach, CA

*Academic Peer Advisor*

7/09-8/11

- Conducted face-to-face academic and personal counseling sessions with students.
- Advised students concerning issues with academic success, career planning, and personal guidance.
- Specifically advised students regarding University policies related to class registration, University deadlines, academic probation and disqualification, transferring courses from community college, review financial aid, make referrals to campus programs, and write a summary contact.
- Maintained complete and accurate records of a caseload of 550-600 students
- Completed day-to-day clerical work when needed.
- Attended on-going training and workshops that provide me the opportunity to develop good counseling skills and learn about proper ethical procedures for students in need of psychological services.

## Graduate Research

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Herrera, W. (2015). Latino adolescent substance abusers and the impact of caregiver participation on treatment outcome: Self-efficacy, substance use severity, and level of caregiver participation. Retrieved from <http://search.proquest.com/docview/1564231761?accountid=34120>

## Research Experience

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### Department of Psychology, CSU Long Beach

Research Assistant

Long Beach, CA

1/10-5/11

- Conducted face-to-face interviews with over 300 student participants.
- Trained and practiced in the research methods and ethics used in a psychology lab.
- Ran participants/subjects through the experiment by following specific protocol, including administering questionnaires and debriefing subjects.

*Alcohol priming on aggressive behavior study 1 and 2* – I was a member of a research team mentored by Dr. William C. Pedersen that performed an analysis on aggressive behavior in relation to alcohol consumption. These studies aimed to see if simply exposing participants to alcohol cues (e.g. words like beer) will trigger more aggressive responses compared to participants that are exposed to neutral cues (e.g. words like milk). In addition, I participated in the data collection, scoring, and preparation of the data.

*Vicarious rumination on self-control studies 1, 2 and 3* – I continued my work as a research lab assistant for Dr. William C. Pedersen that performed a study examining the effects of perspective taking in the context of vicarious rumination on self-control. The purpose of these studies were to see if taking the perspective of another person who exhibits self-control leads participants to exercise less restraint.

## Papers and Posters

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Herrera, W. (2015). Latino adolescent substance abusers and the impact of caregiver participation on treatment outcome: Self-efficacy, substance use severity, and level of caregiver participation. Poster presented at American Psychological Association Convention in Washington, DC. Retrieved from <http://search.proquest.com/docview/1564231761?accountid=34120>

Hahm, A., Pedersen, W.C., Densen, T.F., **Herrera, W.**, Lopez, J., Romero, M., & Shibata, C. (2011, January). Perspective taking can deplete your resources: The impact of vicarious rumination on self-control. Poster presented at the meeting of the Society for Personality and Social Psychology-San Antonio, TX

Hahm, A., Pedersen, W. C., Denson, T. F., **Herrera, W.**, Lopez, J., Romero, M., & Shibata, C. (2011, April). Putting yourself in someone else's angry shoes: The impact of vicarious rumination on self-control and anger. Poster session presented at the annual meeting of the Western Psychological Association-Los Angeles, CA.

Truong, A., Arenas, A., Chu, K., Crowe, K., Grosvenor, M., **Herrera, W.**, Lopez, J., Machado, E., Matthews, L., Nieva, J., Ramirez, C., Romero, M., & Shibata, C. (2010, April). Testing the effect

of alcohol priming on aggressive behavior over time. Cal State Long Beach Psych Day Student Research Competition-Long Beach, CA.

Truong, A., Pedersen, W.C., Arenas, A., Chu, K., Crowe, K., Grosvenor, M., **Herrera, W.**, Lopez, J., Machado, E., Matthews, L., Nieva, J., Ramirez, C., Romero, M., Shibata, C., Vasquez, E.A., & Bartholow, B.D. (2011, April). The longevity of alcohol priming effects on aggressive behavior. Poster presented at the Western Psychological Association Convention- Los Angeles, CA.

## **Associations**

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- **California Coalition on Sex Offending** *04/15-Present*
- **American Psychological Association** *11/13-Present*

## **Certificates**

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- **CCOSO Sex Offender Treatment Provider** (*Apprentice practitioner level*) *08/15-Present*
- **STABLE 2007/Acute 2007 Training Certification** *Fall 2014*
- **Chiron Crisis Response Team Course Completion** *Fall 2013*
- **Registered Addiction Specialist-Intern (RASI)** *Summer 2013*
  - RASI No. RI-H1307311536
- **Adolescent Community Reinforcement Approach Certification** *Fall 2012*
- **Local Trainer Certification for the Global Assessment of Individual Needs** *Fall 2012*
- **Hostage Negotiation** *Fall 2011*