

JEREL L. ARMSTRONG, PhD

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SUMMARY STATEMENT

Licensed clinical psychologist (27272), with diverse therapeutic experience obtained through a combination of classroom, internship and work experience. Knowledge of correctional settings, treatment planning, chart review and experience working in a team environment. Excellent writing/verbal communication skills.

SKILLS

- Motivational Interviewing
- Individual and Group Therapy
- Mindfulness Exercises
- Psycho diagnostic Assessment
- Crisis Intervention

CAREER EXPERIENCE

Staff Psychologist

San Quentin State Prison

San Quentin, CA

2014 – Present

- Provides psycho-diagnostic screening as part of San Quentin's Developmental Disability Program.
- Facilitates both structured and process groups with varying prison populations (e.g., Administrative Segregation, Mainline and Condemned).
- Work as part of California Department of Correction's first Psychiatric Inpatient Unit for male condemned inmates. This role includes treatment/stabilization of inmates placed in a Mental Health Crisis bed.
- Completes mental health intakes and Forensic assessments on all newly condemned inmates upon their arrival to San Quentin.
- Maintains daily observation notes, treatment updates and special incident reports when applicable.
- Provides psycho-diagnostic assessment.
- Plans, organizes and implements individualized treatment plans for a diverse population as part of a multidisciplinary treatment team.
- In March of 2017 CDCR implemented a new electronic health record; responsibilities as a "Super-user" included training San Quentin's mental health and medical staff to effectively and efficiently use the program.
- On-call Psychologist for Use of Force incidences

Independent Contractor

San Francisco Forensic Institute

San Francisco, CA

2016 – Present

- Outpatient sex offender assessment and treatment for juveniles and adults
- Group and individual therapy

Independent Contractor

Alienist Panel, SF Juvenile Court

San Francisco, CA

2016 – 2017

Conducts assessments for youth as requested by the court or probation office for a variety of referral reasons. Provides the court with reports detailing findings and recommendations for placement,

Mental Health Clinician

Maguire Correctional Facility

Redwood City, CA

2015 – 2016

- Provides mental health services for adult male and female County jail facility.
- Conducts health intake and suicide risk assessments.
- Facilitates crisis interventions and brief evidenced based therapy.

- Conducts 5150 assessments and PES diversions.

Residential Rehabilitation Counselor

Casa De La Vida

Oakland, CA

2012 – 2013

- Worked with transitional aged youth with severe mental illness to stabilize their mental health.
- Collaborate with youth to create a treatment plan to address their mental health, social and occupational needs.
- Monitored and maintained living standards and health habits of residents.
- Conducted on-going group counseling sessions.
- Helped the youth to identify and implement effective problem solving/decision making strategies.
- Collaborated with managers, staff and outside agencies.

INTERNSHIP EXPERIENCE

California Department of Corrections

San Quentin State Prison

San Quentin, CA

2013 – 2014

- Provided individual therapy and group therapy to mainline inmates within the Mental Health Services Delivery System at the CCCMS and EOP levels of care.
- Provided individual and group therapy to condemned inmates at the CCCMS and EOP level of care.
- Administered psycho diagnostic tests and prepared psychological reports as indicated by referral questions.
- Completed initial 7386 evaluations and suicide risk assessments to assess for the mental health needs of inmates housed in the reception center.
- Prepared treatment plans for inmates, in addition to collaborating with other mental health staff (Psychiatrists and Psychologists, Social Workers), medical staff (i.e., nurses) and custody staff, prior to and during Interdisciplinary Treatment Team meetings to ensure proper care of inmates.
- Attended and participated in all in-services trainings, department meetings and case conferences.

PRACTICUM EXPERIENCE

Santa Clara Valley Medical Center*

Santa Clara, CA

2011 – 2012

- Provided group and individual therapy in addition to neuropsychological assessment at both rotation sites.
- Received individual and group supervision and attended weekly didactic training on clinical and ethical issues related to new neuropsychological assessment.

CATS Program Children’s Hospital

Oakland, CA

2010 – 2011

- Worked with children and families with open child protective services case, on their mental health needs and provided cognitive and projective testing for children.
- Participated as part of a multidisciplinary team that includes psychiatrists, psychologist, social workers and primary care physicians.

Walden House

San Francisco, CA

2009 – 2010

- Worked with adults diagnosed with brief/long term dual mental health and substance abuse.
- Constructed and facilitated sober sex and relationships group program and co-facilitated a DBT group.

** This practicum was split between two rotations:*

1) Barbara Arons Pavilion, a 50-bed, acute inpatient psychiatric hospital and

2) The Milpitas Clinic, an outpatient primary care clinic that provides outpatient ambulatory care services primarily to adults. As a Trainee I worked as part of a multidisciplinary team that included nurses, medical doctors, psychologists and a clinical pharmacist.

- Conducted crisis intervention when necessary.

EDUCATION:

Alliant International University, PhD Clinical Psychology
San Francisco, CA (Completed – August 2015)

Dominican University of California, B.A. Clinical Psychology
San Rafael, CA (Completed – May 2008)

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