

MELANIE R. CLEARY, Psy.D.

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EDUCATION/DEGREES

- 2010-2017 **California Institute of Integral Studies**
Doctor of Psychology – Clinical Psychology
Dissertation Topic: *The Unaddressed Erotic: A Phenomenological Study of Silence in Supervision about Erotic Countertransference in the Therapeutic Dyad*
Dissertation Chair: Tanya Wilkinson, PhD
- 2006-2009 **San Francisco State University**
Master of Science with Honors – Rehabilitation Counseling
Master's Thesis: *Transpersonal Psychology and the Role of Spirituality in Addiction Counseling: A Culminating Experience Paper.*
Thesis Advisor: Gloria Gregg, PhD
- 1998-2005 **San Francisco State University**
Bachelor of Arts – Psychology
- 1998-2005 **San Francisco State University**
Bachelor of Arts – Chemistry

CLINICAL EXPERIENCE

San Francisco Forensic Institute/Blue Rock Institute (San Francisco, CA) 2015-present
Staff Psychologist/Postdoctoral Psychology Professional

Provide individual psychotherapy, sex offender specific psychological evaluations, testing, and report writing for a court-mandated population: specializations of the agency include containment model treatment for registered sex offenders or clients who have committed sexual offenses.

- Maintain an ethnically diverse caseload.
- Conduct psychological evaluations and write comprehensive reports for San Francisco Adult Probation and private pay clients.
- Administer cognitive, personality, psychosexual, and risk assessments (WAIS-IV, Cognistat, STABLE-2007, Static-99/R, Static-2002/R, ACUTE-2007, LS/CMI, PAI, MCMI-III, MMPI-2, Abel Assessment, Penile Plethysmograph, MSI-II) and provide integrative reports with testing results.
- Clients with varying presenting issues such as sexual offending, pornography addiction, hypersexuality, drug crimes, substance use, spectrum disorders, relational problems, schizophrenia, personality disorders, and trauma.

- Collaborate with supervising officers, lawyers, and families regarding treatment goals and client progress.
 - Provide weekly supervision for practicum students.
- Supervised by: Charles Flinton, PhD

Dolan Mental Health (San Francisco, CA) 2015-present
Staff Psychologist/Postdoctoral Psychology Professional

Provide individual psychotherapy, psychological assessment, and report writing for a court-mandated population: specializations of the agency include substance abuse and mental health treatment for persons transitioning into or out of the federal prison system.

- Maintain caseload of approximately 20 individual clients who present with varying issues such as depression, anxiety, drug crimes, fraud charges, substance use, relational problems, schizophrenia, personality disorders, cultural issues, and trauma.
 - Conduct psychological evaluations and report writing for pretrial and post incarceration clients.
 - Receive two hours of individual supervision weekly.
 - Complete all contract paperwork in a timely fashion: progress and collateral notes, monthly treatment reports, and discharge summaries to the Department of Probation and Department of Pretrial Services.
 - Collaborate with supervising officers regarding treatment goals and client progress.
- Supervised by: Stephen Trichter Zimtricht, PsyD

Private Practice (San Francisco, CA) 2014-present
Postdoctoral Psychology Professional

Provide individual psychotherapy from a Relational Psychoanalytic perspective.

- Treat patients with trauma, anxiety, depression, relationship problems, addiction, eating disorders, and diversity/cultural issues.
- Building caseload and further developing knowledge of creating a successful private practice (financial aspects, business model, professional networking).
- Conceptualize cases from a relational psychoanalytic framework.
- Receive weekly individual supervision.

Supervised by: Stephen Trichter Zimtricht, PsyD

San Francisco Forensic Institute (San Francisco, CA) 2014-2015
Pre-doctoral Intern

Provided individual and group psychotherapy, psychological assessment, testing, and report writing for a court-mandated population: specializations of the agency include containment model treatment for clients who have committed sexual offenses, drug offenses, or were court-referred for pretrial or post-incarceration mental health care.

- Maintain an ethnically diverse caseload of approximately 22 individual clients.
- Co-facilitate three groups weekly (two sex offender groups and one substance abuse group).
- Conduct psychological evaluations and write comprehensive reports for federal, county, and private pay clients.
- Administer cognitive, personality, psychosexual, and risk assessments (WAIS-IV, Cognistat, STABLE-2007, STATIC-99, LS/CMI, PAI, MCMI-III, MMPI-2, Abel

Assessment, Penile Plethysmograph, MSI-II) and provide integrative reports with testing results.

- Clients with varying presenting issues such as sexual offending, pornography addiction, hypersexuality, drug crimes, substance use, spectrum disorders, relational problems, schizophrenia, personality disorders, and trauma.
- Receive two hours of individual supervision and 1.5 hours of group supervision weekly.
- Chart maintenance for federal and city contracts (progress notes, collateral contact, monthly treatment reports, and discharge summaries).

Supervised by: Charles Flinton, PhD and Cindy Rinker, MFT

Psychological Services Center (San Francisco, CA)

2013-2014

Clinical Psychology Trainee

Provided outpatient psychotherapy for individuals, couples and groups: specializations include community mental health treatment for adults from a Relational Psychodynamic perspective.

- Treatment issues: depression, anxiety, pornography addiction, intimacy issues, relationship problems, suicidal ideation and crisis, trauma, existential and spiritual issues.
- Didactic trainings: treating trauma, group development, assessment administration, scoring, interpretation and report writing (WAIS-IV, WRAT4, WMS-IV, Rorschach, TAT, Woodcock-Johnson III).
- Planned and marketed for development of a psychotherapy group: *Cultivating Confidence and Self-Trust: A Group for Women*.
- Experience with private practice model: fee setting and structure, marketing, independent work atmosphere.
- Received weekly supervision (two hours of individual and 1.5 hours of group).
- Maintained clinical charting: progress notes, intake summaries including the scoring and interpretation of the OQ-45, quarterly treatment updates, brief treatment summaries.

Supervised by: Stephen Trichter, PsyD and Shannon Hagan, MA

Bay Area Therapy Collective (San Francisco, CA)

2012-2013

www.bayareatherapycollective.com

Registered Psychological Assistant

Provided individual psychotherapy: specializations include mental health and addiction treatment for adults from a Relational Psychodynamic/Harm Reduction perspective.

- Acquire client referrals through networking with psychology professionals and other Bay Area professional organizations.
- Provide 15-minute phone consultations with prospective clients (assessing needs and appropriateness of treatment).
- Receive two hours of group supervision per week.
- Formed bi-weekly peer consultation group with students from several Bay Area schools of Professional Psychology. Members are culturally diverse with a wide range of theoretical orientations.

- Attend monthly business development meetings: topics include record keeping, website development, networking opportunities.
- Supervised by: Julie Austin, PsyD

Bay Area Addiction Research and Treatment Center (San Francisco, CA) 2011-2012
Clinical Psychology Trainee

Provided psychodynamic psychotherapy and substance abuse treatment: specializations of the agency include methadone maintenance and mental health treatment for opiate-dependent adults within a Harm Reduction framework.

- Maintained a caseload of 8 clients and one group (culturally and diagnostically diverse).
- Presenting issues such as death and dying, homelessness, depression, anxiety, addiction, poly-substance use, medical diagnoses (HIV, HCV, chronic pain and other chronic medical conditions), Axis II diagnoses, mood disorders, relationship and family problems, legal and economic issues, disability, and complex trauma.
- Functioned as part of a multi-disciplinary team with medical staff, doctors, psychiatrists, addiction specialists and case managers.
- Co-facilitated a weekly Art Therapy group (improvisational movement and meditation incorporated).
- Maintained clinical records and participated in chart review for successful CARF audit.
- Received weekly individual and group supervision (two hours each).
- Attended didactics twice weekly: topics focused on treating trauma, psychodynamic case formulation, group facilitation and group process, vicarious trauma and self-care, sexuality issues, and case management/community resource
- Trained to administer Initial Risk Assessments upon intake.

Supervised by: Julie Austin, PsyD and Alexis Saccoman, PsyD

Sharper Future (San Francisco, CA)
Counseling Trainee

2007-2009

Provided individual and group counseling at a forensic agency for a court-mandated population: specializations of the agency include assessment and treatment for people who committed sexual offenses. Other clients had committed federal drug offenses, or were court-referred for pretrial or post-incarceration mental health care.

- Maintained caseload of 8 individual clients with presenting issues such as exhibitionism, rape and statutory rape, possession of child pornography, drug crimes, addiction, fraud, relational problems, depression and anxiety.
- Co-facilitated three treatment groups: men's relapse prevention, women's relapse prevention, and a curriculum-based group for male sexual offenders (cognitive behavioral/psycho-educational).
- Received weekly individual and group supervision.
- Actively engaged in weekly all-staff clinical meetings and bi-weekly intern process meetings.
- Attended bi-weekly didactics focused on risk assessment and psychological test trainings (Abel Assessment, STATIC-99, PCL-R).

- Completed weekly progress and collateral notes, monthly treatment reports, and discharge summaries to the Bureau of Prisons, state and county agencies.
- Consulted with supervising officers, legal representatives, medical practitioners, and family members regarding treatment goals and client progress.
- Performed urinalysis and sweat patch application and removal.

Supervised by: Charles Flinton, PhD and Dan Doyle, MFT

OTHER RELEVANT WORK EXPERIENCE

California Institute of Integral Studies (San Francisco, CA) April 2011

Research Assistant

Assisted Director of Academic Assessment in preparing annual report to maintain Western Association of Schools and Colleges (WASC) accreditation.

- Successfully collaborated with superiors of the Institute while maintaining an independent working environment.
- Strengthened proficiency in Microsoft Excel.
- Completed project within expected timelines.

Supervised by: Matthew Bronson, PhD

Breathwork (San Francisco/Los Angeles, CA) 2008-present

Facilitator of Pranayama Yoga

Completed Healer Training Levels I, II and III led by Breathwork master, David Elliott.

- Practiced developing a containing and healing environment for individuals, couples and groups.
- Strengthened interviewing/listening skills and the use of intuition when guiding healing work.
- Enhanced awareness of the impacts of value, worth and exchange on the therapeutic/healing process.

Supervised by: David Elliot and Scott Schwenk

RELEVANT VOLUNTEER EXPERIENCE

Tassajara Zen Mountain Center (Carmel Valley, CA) 2009-present

Zen Student/Work Practice

Engage in work practice at a Zen monastery during the summer months of guest season.

Practice mindfulness, working and sitting meditation, and living in community. Wholeheartedly embrace the Shingi (Guidelines of Conduct for Zen Training) in an effort to deepen practice of Zen Buddhism while generating mutual respect, peace and harmony within the community.

Supervised by: Rev. Linda Galijan, PhD and Zenshin Greg Fain

Center for Elderly Suicide Prevention (San Francisco, CA) 2005-2006

Phone Counselor

Provided crisis intervention and counseling for a local and national elderly population.

Performed medication reminders and well-being checks. Developed active listening skills while providing emotional support to a diverse population experiencing an array of mental/physical health issues (depression, schizophrenia, dementia, abuse, disabilities, chronic health issues).

Supervised by: Patrick Arbore, EdD

RESEARCH

Cleary, M.R. (2017). *The Unaddressed Erotic: A Phenomenological Study of Silence in Supervision about Erotic Countertransference in the Therapeutic Dyad*. ProQuest California Institute of Integral Studies, Clinical Psychology Program.

Cleary, M.R., McDonald, K. & Shreve, S. (2012). *Silence about erotic transference: A phenomenological approach* (Unpublished pilot study). California Institute of Integral Studies, Clinical Psychology Program.

Cleary, M.R. (2011). *Laws of attraction and desire: The brain on love*. Poster Presentation, California Institute of Integral Studies, Clinical Psychology Program.

Cleary, M.R. (2009). *Transpersonal psychology and the role of spirituality in addiction counseling: A culminating experience paper* (Unpublished master's thesis). San Francisco State University, Department of Counseling.

AWARDS AND HONORS

2010 **California Institute of Integral Studies**, *Opportunity Scholarship*

2009 **Chi Sigma Iota International Counseling Honors Society**, *Honors Student*

2003 **San Francisco State University**, *Dean's List*

PROFESSIONAL AFFILIATIONS

2013-present **California Psychological Association**
Student Member

2012-present **American Association of Sexuality Educators, Counselors and Therapists**
Student Member

2012-present **Northern California Society for Psychoanalytic Psychology**
Student Member

2012-present **San Francisco Psychological Association**
Student Member

2011-present **Psychologists for Social Responsibility**
Student Member

SKILLS AND INTERESTS

Certifications

California Sex Offender Management Board (CASOMB)-
Apprentice Practitioner Level
STABLE/ACUTE-2007
Static 99-R
Level of Service/Case Management Inventory (LS/CMI)
Registered Addiction Specialist Intern
Certified to work with Highly Sensitive People (HSP's)
The Adult Needs and Strengths Assessment (ANSA)
Initial Risk Assessment (IRA)
Methasoft
Avatar

Trainings/Seminars

STABLE/ACUTE-2007 Training
Karl Hanson

Juveniles who Sexually Offend: Characteristics, Assessments,
Management, and Treatment
Norbert Ralph, PhD, MPH

Raised on the Registry: The Irreparable Harm of Placing
Children on Sex Offender Registries
Nicole Pittman

Working with the Highly Sensitive
Elaine N. Aron, PhD

Character and Emotional Phenomenology:
Psychotherapeutic and Ethical Implications
Robert Stolorow, PhD

Dark Night: The Breakdown of the Mythology of Me
Jeannie Zandi

Transformative Relationships: A Control-Mastery Perspective
on Optimizing the Therapeutic Relationship
George Silberschatz, PhD and John Curtis, PhD

Early Career Psychologists

San Francisco Psychological Association

Internal Family Systems and Relational Life Therapy
Richard Schwartz, PhD and Terrence Real, LCSW

Seeking Safety Model: Understanding Addiction and
Creating Change
Lisa M. Najavits, PhD, ABPP

Mindfulness

Tassajara Zen Mountain Center, San Francisco Zen Center,
San Quentin Buddhadharma Sangha, Dharma Punx Urban
Sangha, Breathwork, Yoga.

International Travel

The Philippines, Thailand, Singapore, Ecuador, Indonesia,
Iceland, Japan.

REFERENCES

Charles Flinton, PhD
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Stephen Trichter, PsyD
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